

Counseling Book List



Topic	Adoption & Foster	Bullying
Parent Books	<p>The Foster Parenting Toolbox by Kim Phagan-Hansel</p>	<p>Easing the Teasing: Helping Your Child Cope with Name-Calling, Ridicule and Verbal Bullying by Judy Freedman</p> <p>Break the Bully Cycle by SirNam Khalsa</p> <p>Queen Bees and Wannabes by Rosalind Wiseman</p> <p>Real Life Bully Prevention for Real Kids by Catherine DePino</p> <p>Why Good Kids Act Cruel by Carl Pickhardt</p>
Children Books	<p>The Day We Met You by Phoebe Koehler</p> <p>Happy Adoption Day! by John McCutcheon</p> <p>Horace by Holly Keller</p> <p>I Love You Like Crazy Cakes by Rose A. Lewis</p> <p>Jin Woo by Eve Bunting</p> <p>Tell Me Again About the Night I Was Born by Jamie Lee Curtis</p> <p>The White Swan Express: A Story About Adoption by Jean Davies Okimoto</p>	<p>Bully Beans by Julia Cook</p> <p>Bullies Are a Pain in the Brain by Trevor Romain</p> <p>Jake Drake, Bully Buster by Andrew Clements</p> <p>Marvin Redpost: Why Pick On Me? by Louis Sachar</p> <p>Men Of Stone by Gayle Friesen</p> <p>Nothing Wrong With A Three-Legged Dog by Graham McNamee</p> <p>Stick Up For Yourself by Gershen Kaufman</p> <p>The Berenstain Bears and the Bully by Stan Berenstain</p>

Topic	Divorce, Separation & Stepfamilies	Grief & Loss
Parent Books	<p>Caught in the Middle_by Carla B. Garrity and Mitchell A. Baris</p> <p>Children of Divorce_by Carla B. Garrity and Mitchell A. Baris</p> <p>Making Divorce Easier on Your Child by Nicholas Long and Rex L. Forehand</p> <p>Mom's House, Dad's House by Isolina Ricci, Ph.D.</p> <p>The Good Divorce_by Constance Ahrons</p> <p>The Parents' Book About Divorce_by Richard Gardner, M.D.</p>	<p>A Child's View of Grief by Alan D. Wolfert</p> <p>The Grieving Child: A Parent's Guide by Helen Fitzgerald</p>
Children Books	<p>At Daddy's on Saturdays by Linda Walvoord Girard</p> <p>Being Danny's Dog by Phyllis Naylor</p> <p>Franz I Don't Want to Talk About It by Jeanie Franz Ransom</p> <p>Ginny Morris and Mom's House, Dad's House by Mary Collins Gallagher</p> <p>It's Not the End of the World by Judy Blume</p> <p>Like Jake and Me by Mavis Jukes</p> <p>My Stepfamily by Julie Johnson</p> <p>Two Homes by Claire Masurel</p> <p>Was It the Chocolate Pudding?: A Story for Little Kids about Divorce by Sandra Levins</p>	<p>Saying Goodbye to Daddy by Judith Vigna (father)</p> <p>Saying Goodbye to Grandma by Jane Resh Thomas (grandmother)</p> <p>Sophie by Mem Fox (grandfather)</p> <p>I'll Always Love You by Hans Wilhelm (dog)</p> <p>Badger's Parting Gifts by Susan Varley (friend)</p> <p>Swan Sky by Keizaburo Tejima (sibling)</p> <p>Alfie and the Birthday Surprise by Shirley Hughes (cat)</p> <p>Emma Says Goodbye: A Child's Guide to Bereavement by Carolyn Nystrom (Aunt)</p> <p>Fireflies, Peach Pies & Lullabies by Virginia Kroll (great-grandmother)</p> <p>How It Feels When a Parent Dies by Jill Krementz</p>

Topic	Mental Illness	Self Esteem
<p>Parent Books</p>	<p>Growing Up Sad: Depression and Its Treatment by Leon Cytryn, Donald McKnew, Jr. and Donald McKnew Help me, I'm Sad by David G. Fassler and Lynne Dumas Lonely, Sad and Angry by Barbara D. Ingersoll, Ph.D and Sam Goldstein, Ph.D.</p>	<p>Raising Self-Reliant Children in a Self-Indulgent World by H. Stephen Glenn and Jane Nelsen</p>
<p>Children Books</p>		<p>Amazing Grace by Mary Hoffman Arthur's Nose by Marc Brown I Like Myself by Karen Beaumont I'm Gonna Like Me, Letting off a Little Self Esteem by Jamie Lee Curtis Little Mo by Martin Waddell An Enchanted Hair Tale by Alexis DeVeaux Hooray for Me by Remy Charlip and Lilian Moore I Wish I Were a Butterfly by James Howe Incredible Me by Kathi Appelt Little Red Ant and the Great Big Crumb retold by Shirley Climo The Mixed-Up Chameleon by Eric Carle The Rough-Face Girl by Rafe Martin</p>

Topic	Separation & Anxiety	Transition & Change
Parent Books	Freeing Your Child From Anxiety _by Tamar Chansky Keys to Parenting Your Anxious Child by Katharina Manassis, M.D.	Activities That Teach Family Values by Tom Jackson
Children Books	The Kissing Hand by Audrey Penn Llama Llama Misses Mama by Wemberly Worried by Keven Henkes	Brave Bart by Caroline Shepperd, ACSW Hope for Flowers by Trina Paulus Oh, The Places You Will Go by Dr. Suess Shadow Moves by Caroline H. Shepperd, ACSW